**NLS Data Guide**

This dataset is used for Psych 100A Spring 2019 (Instructor: Amanda Montoya). The dataset is saved as a .csv file “NLSData.csv.”

**Bibliographic Citation**

Bureau of Labor Statistics, U.S. Department of Labor (2015). National Longitudinal Survey of

Youth 1997 cohort, 1997-2013 (rounds 1-16) [Data file and code book]. Retrieved from **https://**

[**www.nlsinfo.org/investigator/pages/search.jsp?s=NLSY97**](http://www.nlsinfo.org/investigator/pages/search.jsp?s=NLSY97)

**Download Date**

March 27, 2019

**Obtaining the Original Data File**

The original data file can be downloaded from the U.S. Bureau of Labor Statistics website:

[**https://www.nlsinfo.org/investigator/pages/search.jsp?s=NLSY97**](https://www.nlsinfo.org/investigator/pages/search.jsp?s=NLSY97).

**Data Collection**

The U.S. Bureau of Labor Statistics interviewed approximately 9000 adolescents and young

adults every year from 1997 to 2008 as a part of the National Longitudinal Survey of Youth. The

ultimate goal of the NLSY was to identify factors that contributed to the well-being, career

success, and criminality of young Americans. They collected hundreds of variables that are

available as public data. You can download individual variables through the U.S. Bureau of

Labor Statistics website.

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| **Variable** | **Label or Question Prompt** | **Response Scale** |
| ID | Respondent ID Number | Set of Digits |
| HrsSleep2009 | On a typical week night, how many hours of sleep do you usually get? | 0 – 24 hours |
| Sex | Respondent’s sex | -1 = female  1 = male |
| BdayMonth | Month of Birth | 1 = January  2 = February  3 = March  4 = April  5 = May  6 = June  7 = July  8 = August  9 = September  10 = October  11 = November  12 = December |
| YearBorn | Year of Birth | Range (1980 – 1984) |
| Ethnicity | Respondent’s Ethnicity | 1 = Black  2 = Hispanic  3 = Mixed Race (Non-Hispanic)  4 = Non-Black/Non-Hispanic |
| **Variable** | **Label or Question Prompt** | **Response Scale** |
| ASVAB | Armed Services Vocational Aptitude Battery Test (ASVAB) total score | 0 – 100000  Scores can be translated to percentage up to 3 decimal points (e.g., 44567 = 44.567%) |
| LifeSat2008 | In general, how satisfied are you with your life? | 1 = Extremely dissatisfies  10 = Extremely satisfied |
| Income2008 | During 2008, how much income did you receive from wages, salary, commissions, or tips from all jobs, before deductions for taxes or for anything else? | $0 - $84000 |
| HeightFt2010 | Approximately what is your height? | 0 – 7 feet |
| HeightIn2010 | Approximately what is your height? | 0 – 12 inches |
| Weight2010 | Approximately what is your weight? | 0 – 475 pounds |
| Computer2010 | In a typical week, how many hours total do you use a computer? | 1 = None  2 = Less than 1 hour  3 = 1 – 3 hours  4 = 4 – 6 hours  5 = 7 – 9 hours  6 = 10 or more hours |
| HrsSleep2010 | On a typical week night, how many hours of sleep do you usually get? | 0 – 24 hours |
| Cohab2009 | Indication of whether respondent cohabitated with a spouse or partner during the year 2009 | 1 = Yes (Cohabitated)  0 = No (Did not Cohabitate) |